

## **Laurie Zerga**

Laurie Zerga provides culinary education to youth ages five through seventeen and adults. She's developed culinary programs for 5 ½ years that combine nutrition, the science of food safety, cooking instruction, table etiquette and tours of food businesses. Her primary clients are organizations that support youth and families as she develops and implements life skill programs that teach healthy eating habits. She has recently been featured in *Costco Connection* cover article "Mom, Inc"