

RENE LATOSA

Background

Rene Latosa has been teaching martial arts for over 30 years. He has schools worldwide and teaches seminar all through the US. He is the first person to introduce the Filipino martial arts to Europe.

He has taught martial arts to special police tactical units on the East Coast, West Coast, special combat units within the Air Force, the California Highway Patrol, U.S. Probation Department, sheriff departments, various security firms/bodyguards and various police and Special police Units in Europe. He has designed several self-defense courses for women and children. He has several series of videos out on the market, published several books on the subject, and has been the main theme for several major martial arts magazines as well as television stories both in the U.S. and in foreign countries. He acts as a consultant to several kick-boxing and martial arts schools in Northern California.

Latosa Escrima / Concepts is a very dynamic and logical system. Latosa Escrima / Concepts is the study and development of the best concepts and strategies of many systems. It is the idea of understanding what you do, how you do it and why it is done. The system is an education in body control, awareness and weapon efficiency.